

## **OCEAN COUNTY LEAGUE RULES U9- 10 (7v7)**

**All home coaches must confirm game by Wednesday of that week. If away team does not hear from home team coach, reach out to confirm by week's end. If you cannot make contact, reach out to your club rep.**

### 1. Field

- A. Dimensions- Length 55/70 x 35/45.
- B. Markings- All fields will be properly lined.
- C. Goals- 6 ½ x 18 1/2

### 2. Ball

- A. Size 4 ball will be used.

### 3. Number of players – both U9 and U10 will be playing 7 v 7

- A. BUILD OUT LINES should be between the 18 and ½ field.
- B. Goalie must roll or throw the ball into play, no drop kicks. Once goalie puts ball in play and a team mate plays to ball, the ball is live and opposing team can pursue. Opposing team should always make effort to get behind the build out line and may be instructed to do so at refs discretion.
- C. Substitutions may be done on any stoppage for both teams
- D. Every player will play at least one half (1/2) of each game.
- E. Mixed age must play up unless granted permission by the OCL.
- F. Carded players are not permitted to play on an OCL team.
- G. Players must be rostered to only one team

### 4. Equipment

- A. Shin guards must be worn by all players no exceptions!

### 5. Referee

- A. Referees are assigned and compensated by the Home Team.  
Each club should make every effort to use only certified referees.
- B. Abuse by coaches, spectators, parents, or players will not be tolerated, and should be reported to the club representative and league coordinator immediately.
- C. Referees should briefly explain calls to all players.
- D. Questions pertaining to any rule should be asked to referee prior to the start of any game.

### 6. Duration of Game

- A. Teams will play two equal halves of 25 minutes with a 5 minute break at half

### 7. Kicks

- A. For the taking of all kicks the opposing team must be at least eight (8) yards away before the kick is taken.

### 8. Fouls and Misconduct

- A. No slide tackling is allowed! The opposing team will be rewarded an indirect kick for a violation of this rule.
- B. Cautions may be issued by the referee, and players repeatedly fouling may be removed from the game at the referee's discretion.

#### 9. Spectators/Coaches

- A. As of September 1996 all coaches must have obtained an F-license
- B. No coaches or spectators are allowed behind the goal area and must stay on their side of the fields near mid field.
- C. Coaches/Team and their Parents/Spectators from one team will occupy one sideline, while Coaches/Team and their Parents/Spectators from the opposing team will occupy the other sideline.

#### 10. Scheduling

- A. All games will be played as scheduled, if a postponement is necessary both coaches must inform their club rep by the Tuesday before. Only the Home representative can call Cancellations/Rainouts. Coaches will notify the opposing coach at least 1 hour prior to the game time. All postponed games must be made up as soon as possible.

#### 11. Offsides

- A. The build out line will also be used to denote where offside offenses can be called
- B. Players cannot be penalized for an offside offense between the midfield line and the build out line
- C. Players can be penalized for an offside offense between the build out line and the opposing goal line

#### 12. Maximum Score -

**Any OC Rec team that scores more than a six (6) goal differential at the conclusion of a scheduled game will be warned once and then dismissed from the league. Adding players during a lopsided game should be discussed between coaches at half and if possible, before.**

If further rule clarification is needed, please refer to MOSA rules as we are adapting to those with an exception or two. Common sense works best!

**Respect your refs!**